

# Homeschool Rhythm



- \_\_\_\_\_ **Wake up**
- \_\_\_\_\_ **Breakfast & Clean up**
- \_\_\_\_\_ **Playtime**
- \_\_\_\_\_ **Get ready-** dressed, make bed, brush teeth
- \_\_\_\_\_ **School Time-** read, book report, worksheets, workbook
- \_\_\_\_\_ **Activity-** 101 Activities, online lessons, play instrument
- \_\_\_\_\_ **Snack & Clean up**
- \_\_\_\_\_ **Outdoor Time-** walk, gonoodle, Yoga, Dance
- \_\_\_\_\_ **School Time-** read, math, project
- \_\_\_\_\_ **Playtime**
- \_\_\_\_\_ **Lunch & Clean up**
- \_\_\_\_\_ **Quiet Time**
- \_\_\_\_\_ **Housework**
- \_\_\_\_\_ **Afternoon Activity-** read, school work, painting, arts & crafts, baking, gardening, building, projects
- \_\_\_\_\_ **Outdoor Time**
- \_\_\_\_\_ **Baths**
- \_\_\_\_\_ **Dinner & Clean up**
- \_\_\_\_\_ **Read & Bedtime**